

## 97.05.12 Speaking Workshop Session 18 Health, the Heart

Telegram Channel: @sabaitc

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Courtesy of Shirin Seif

at the expense of به قیمت ، به بهای

- The heart/ the stomach

- Vessel ورید

1) artery : سرخرگ

2) vein: سیاهرگ

3) capillary مویرگ

- The heart is considered to be a muscle

- Bowels امعا و احشا

- Have a direct impact on sth

e.g: Your genes have a direct impact on your temperament

- Secrete: release ترشح کردن

e.g: the stomach secretes enzymes.

- By far it was the best example با اختلاف بهترین مثاله

- The way you talk/ sulk / it works کار / قهر کردن / نحوه ی حرف زدن  
کردن

- The blood flows to your heart

- The diet (that is) high in/ low in fat.

- 20m in height/ 3m in width/ 1m in length/ 4m in depth

- Cause a build-up باعث تجمع میشود

e.g: a diet (that is) high in fat can cause a build-up in your artery.  
رژیم غذایی با چربی بالا باعث گرفتگی در سرخرگ می شود.

- Type 1 : If you sin, you will burn in hell, but if you practice virtue you will end up in heaven.

- Type 2 : If I spoke spanish I would teach French in Italy.

- Known as heart attack = referred to as a heart attach

- This is an act of terrorism

- Bribery رشوه دادن

- Bribee رشوه گیر

- Briber رشوه دهنده

- thereby + v ing

e.g : thereby reducing

- What is your preferred method of travel?

- On the following ground

1. Students take an exam / teachers give an exam.

2. Jazz it up. جذابتر کردن

3. At the expense of با قربانی کردن

4. The Heart /the Kidney /the Brain / ... Any part of body

5. Vessel : Artery / Vein

6. Capillary : مویرگ

7. Debilitating : فلج کننده

8. Bowels : امعاء و احشام

9. Have an impact on s.th

10. Temperament : خلقیات

11. By far

12. The way .... (Verb) : نحوه ی ...

13. Sulk : قهر کردن

14. High in fat ≠ low in fat

15. Long / length   Wide / width.   High / height.

Deep/depth

16. Cause a build-up

17. Practice virtue تقوا پیشہ کردن

18. End up in heaven

19. Known as / referred to as

20. Bribery / bribee: accepts bribe / briber: gives bribe

21. Stroke سکتہ مغزی

22. Thereby + ing: in this way